

Open Arms Adoption Network's Workshop Schedule Fall 2018

Offering supportive and enlightening workshops to those who are touched by adoption or considering adoption.

TO REGISTER: Please call or e-mail Michele LeMasney at 609.694.2626 or mlemasney@openarmsadoption.net
You can also register online anytime at www.openarmsadoption.net

Please note that advanced registration is required to attend all workshops. Titles beginning with an ** indicate workshops that are required for families working with Open Arms. These workshops (with the exception of the Open Adoption Seminar) rotate throughout the year in both our Philadelphia-area and New York City sites.

Workshops

****THE LANGUAGE OF ADOPTION**

September 13th
(6:30pm – 8:30pm)
1180 6th Ave. (at 46th)
(8th Floor)
New York, NY 10036

NEWBORN CARE 101

September 27th
(6:30pm – 8:30pm)
The Barbara and Harvey Brodsky
Enrichment Center of JFCS
345 Montgomery Ave.
Bala Cynwyd, PA

****OPEN ADOPTION SEMINAR**

October 7th
(10:00am – 4:30pm)
Huntingdon Valley Library
(Second Floor),
625 Red Lion Road
Huntingdon Valley, PA

****LIVING A TRANSRACIAL ADOPTION**

October 10th
(6:30pm – 8:30pm)
The Barbara and Harvey Brodsky
Enrichment Center of JFCS
345 Montgomery Ave.
Bala Cynwyd, PA

OPIOID EXPOSED INFANTS: WHAT EVERY PARENT SHOULD KNOW

October 16th
(6:30pm – 8:30pm)
1180 6th Ave. (at 46th)
(8th Floor)
New York, NY 10036

****THE HOSPITAL EXPERIENCE**

November 8th
(6:30pm – 8:30pm)
1180 6th Ave. (at 46th)
(8th Floor)
New York, NY 10036

SHARING THE TOUGH STUFF: WHEN DETAILS OF YOUR CHILD'S STORY ARE UNKNOWN, COMPLICATED OR PAINFUL

November 14th
(6:30pm – 8:30pm)
The Barbara and Harvey Brodsky
Enrichment Center of JFCS
345 Montgomery Ave.
Bala Cynwyd, PA

****THE HOSPITAL EXPERIENCE**

December 6th
(6:30pm – 8:30pm)
The Barbara and Harvey Brodsky
Enrichment Center of JFCS
345 Montgomery Ave.
Bala Cynwyd, PA

****LIVING A TRANSRACIAL ADOPTION**

December 13th
(6:30pm – 8:30pm)
1180 6th Ave. (at 46th)
(8th Floor)
New York, NY 10036



Toll Free: 1.888.OPENARMS 24/7 Hotline (1.888.673.6276)
www.OpenArmsAdoption.net

*Open Arms Adoption Network is a program of JFCS of Greater Philadelphia,
an agency that has provided adoption services since 1855.*

**Open
Arms**
adoption network

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THE LANGUAGE OF ADOPTION

Learning to speak a new language is a skill that takes time and practice. When forming our family through adoption, the words we use to talk about it matter. Please join us as we explore ways to improve our fluency in speaking about adoption with acquaintances, child care providers, friends, family, and most importantly, with our children. This workshop is designed for families at all stages in their adoption, pre or post placement. Topics covered will include the use of accurate and positive terms, communication with birth families and techniques on how to initiate developmentally appropriate discussions with children.

Facilitator: Stefani Moon, Open Arms

NEWBORN CARE 101

This two hour class is designed to help build your confidence as a new parent by learning safe and comfortable ways to care for, diaper, swaddle and bathe your baby. We will also discuss preparing for meeting your new baby, newborn appearance and characteristics, choosing a pediatrician, crib and car seat safety.

Facilitator: Michele LeMasney, Open Arms

OPEN ADOPTION SEMINAR

Join us for a full day exploration of open adoption. Topics presented include preparing to adopt, the nuts and bolts of the adoption process, and the benefits of maintaining a life-long healthy open adoption. Interwoven throughout the day, birth and adoptive families will share their open adoption experience.

Facilitators: Open Arms

LIVING A TRANSRACIAL ADOPTION

When we choose to become a transracial family through adoption, we accept the responsibility of opening our hearts and our lives to new ways of being. Join us as we talk about what it means to be a "conspicuous family", how to talk about race and culture with your children, learn ways to incorporate a wide array of multiculturalism into your family and discuss strategies for helping to educate others in your life about what it means to be a transracial family. This workshop is designed for all families who have or are planning to adopt a child of a race or ethnicity other than their own.

Facilitator: Stefani Moon, Open Arms

THE HOSPITAL EXPERIENCE

It's difficult to imagine what your experience at the hospital will be like before you have even been chosen by a birthparent. Nonetheless, our work shows that there are several scenarios that we often see and experience together. Join us to discuss and to learn about how Open Arms will support both you and the birthfamily.

Facilitators: Meredith Rose, Stefani Moon & Michele LeMasney, Open Arms

OPIOID EXPOSED INFANTS: WHAT EVERY PARENT SHOULD KNOW

The number of babies who were exposed to heroin or prescription opioids during pregnancy has reached epidemic levels, but what does this really mean for the child and parents? During this presentation we will discuss how a newborn's opioid withdrawal is assessed and treated.

Facilitator: Dr. Dennis Hand, PhD, Assistant Professor, Department of Obstetrics & Gynecology at Thomas Jefferson University

Dr. Hand is also the Associate Director of TJU's Maternal Addiction Treatment, Education, and Research program. He has conducted federally-funded research on the assessment of newborn withdrawal and behavioral and pharmacological interventions to improve health among women with substance use disorders.

SHARING THE TOUGH STUFF: WHEN DETAILS OF YOUR CHILD'S STORY ARE UNKNOWN, COMPLICATED OR PAINFUL

As parents by adoption, we often attempt to shield our children from information about the difficult circumstances that may have led to their being adopted. However, fearing the worst is often worse than knowing the truth, for both parents and children. This interactive workshop, designed for post-adoptive families, will focus on ways to share specific difficult information with children in developmentally appropriate ways, while also examining the common stumbling blocks to doing so effectively.

Facilitator: Stefani Moon, Open Arms

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